

**Date: Monday
October 17, 2022**

Schedule:
8:30 A.M.-3:00 P.M.

Mindfulness at the
Museum

Location:
**Nassau County Museum
of Art**

One Museum Drive
Roslyn Harbor, NY11576

Directions:
LIE Exit 39 North
Glen Cove Road North
Go approx. 2 miles and turn
left. Museum is on the right.

Sponsored by:
**Nassau TRACT
Teacher Center**

Register on MLP

Nassau TRACT

Teacher Center

Invites you to

explore the values

of Mindfulness at

the NCMA!



Nassau TRACT Teacher Center Invites You to an Exciting Event at the Nassau County Museum of Art

Monday, October 17, 2022

Enjoy the Restorative Practice of Mindfulness & Replenish your Energy for the New School Year

The Nassau TRACT Teacher Center invites you to a presentation and tour of the beautiful Nassau County Museum of Art. Walk the grounds and receive a guided tour of the museum with Laura Lynch, Director of Education, as she discusses the latest exhibit **The Supernatural in Art**.

Ranked among the nation's most important suburban art museums, the Nassau County Museum of Art is situated on 145 acres. It occupies an elegant Georgian mansion that exemplifies the Gold coast architecture of the late 19th century. The site includes formal gardens, an outdoor sculpture garden, rolling lawns and meadows.

Enjoy an evening strolling the grounds and taking in the beauty of the museum!

***Life is a great big canvas; throw all
the paint on it you can.***

Danny Kaye

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